



College Logo



University Logo

Name of the College.....

Name of University.....

**SIDDHA MARUTHUVA ARIGNAR
BACHELOR OF SIDDHA MEDICINE AND SURGERY
SECOND PROFESSIONAL B.S.M.S**

**GUNAPADAM- MARUNTHIYAL
(MATERIA MEDICA- PHARMACOLOGY- Paper I & II)**

SIDUG- GMM

PRACTICAL RECORD BOOK

Name of the Student : -----

Institutional Roll No. : -----

Academic Year: -----

**DEPARTMENT OF GUNAPADAM- MARUNTHIYAL
(MATERIA MEDICA- PHARMACOLOGY)**

UNIVERSITY
LOGO

COLLEGE
LOGO

NCISM
LOGO

COLLEGE NAME.....

APPROVED BY

NATIONAL COMMISSION FOR INDIAN SYSTEM OF MEDICINE, NEW DELHI

AFFILIATED TO

UNIVERSITY NAME.....

**SIDDHA MARUTHUVA ARIGNAR
BACHELOR OF SIDDHA MEDICINE AND SURGERY
SECOND PROFESSIONAL B.S.M.S**

**GUNAPADAM- MARUNTHIYAL
(MATERIA MEDICA- PHARMACOLOGY- Paper I & II)**

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Name of the Student : -----

Unique AYUSH ID No : -----

University Register/ Enrollment No.:-----

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**DEPARTMENT OF GUNAPADAM- MARUNTHIYAL
(MATERIA MEDICA- PHARMACOLOGY)**

UNIVERSITY
LOGO

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COLLEGE NAME.....

APPROVED BY

NATIONAL COMMISSION FOR INDIAN SYSTEM OF MEDICINE, NEW DELHI

AFFILIATED TO

UNIVERSITY NAME.....

CERTIFICATE

This is to certify that, Mr./Mrs./Miss..... (Name of student) bearing Roll No..... and University Register/Enrollment No..... has satisfactorily completed all the Practical of GUNAPADAM-MARUNTHIYAL SIDUG- GMM prescribed by the National Commission for Indian System of Medicine as a part of Second Professional B.S.M.S Course.

HEAD OF THE DEPARTMENT

Submitted for the Practical Examination Conducted by (University Name), held on (date) at (College name).

EXAMINERS

Date: -----

Internal: -----

Place: -----

External: -----

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Sr. No.	Date	Name of Practical	Term	Page No.	Signature of Faculty
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INSTRUCTIONS & GUIDELINES

General

1. The common format for the practical prescribed by the NCISM is aiming to maintain uniformity among colleges/institutions across the country.

Instructions to Students

2. The student will prepare the practical record book, including the cover page, first inner page, certificate page, and index page as per the format prescribed by the NCISM here.
3. The student will record in the practical record book handwritten immediately after each practical and get the signature of the concerned teaching faculty.
4. The student will use the specific format/template for recording each practical in the practical record book.

Instructions to Teachers/HOD

5. It is the responsibility of the department to conduct practicals as per the list, schedule, method, etc., specified in the curriculum.
6. The teacher must instruct the student to record his/her work as per the specific format prescribed by the NCISM here. (**List of practical and format references are enclosed herewith**)
7. After each practical, the concerned teacher must verify the completion of the record work and put the signature in the index page.
8. The certificate page of the practical record will be certified and signed by the concerned head of the department.
9. Normal values or any other important information confined to the subject, if any, may be printed in the last pages.

List of Practical and Format Reference

S.NO	NAME OF THE PRACTICAL	FORMAT REFERENCE
1	அப்பிரகம் சுத்தி / Abraga Suddhi	I
2	அன்னபேதி சுத்தி / Annabedhi suddhi	I
3	ஆற்றுத்தும்மட்டி சுத்தி / Aatruthumati suddhi	I
4	இந்துப்ப சுத்தி / Indhuppu suddhi	I
5	இரசம் சுத்தி / Rasam Sudhi	I
6	கந்தகம் சுத்தி - முறை I / Gandhagam Sudhi method I	I
7	கந்தகம் சுத்தி - முறை II / Gandhagam Sudhi method II	I
8	கந்தகம் சுத்தி - முறை III / Gandhagam Sudhi method III	I
9	கரிய போளம் சுத்தி / Kariyabolam Sudhi	I
10	குங்கிலியம் சுத்தி / Kungiliya suddhi	I
11	கொம்பரக்கு சுத்தி/ Kombaraku sudhi	I
12	சங்கு சுத்தி / Sangu suddhi	I
13	கற்புரம் சுத்தி / Karpooram Sudhi	I
14	காந்தம் சுத்தி / Kaandham Sudhi	I
15	காவிக்கல் சுத்தி / Kavikkal sudhi	I
16	குதிரைப்பல் பாடாணம் சுத்தி / Kuthiraipal paadanam suddhi	I
17	சித்திரமூல வேர்சுத்தி / chithiramoola ver suddhi	I
18	சிலாசத்து சுத்தி / Silasathu Sudhi	I
19	சேராங்கொட்டை சுத்தி / Serankottai Sudhi	I
20	தாளகம் சுத்தி / Thalaga Sudhi	I
21	நண்டுக்கல் சுத்தி / Nandukkal Sudhi	I

22	நாகம் சுத்தி / Naga Suddhi	I
23	நேர்வாளம் சுத்தி / Nervalam Suddhi	I
24	படிகாரம் சுத்தி / Padikara Suddhi	I
25	பலகரை சுத்தி / Palakarai Suddhi	I
26	பவளப் புற்று சுத்தி / Pavala putru Suddhi	I
27	பூரம் சுத்தி / Pooram Suddhi	I
28	முட்டை ஓடு சுத்தி / Muttai odu Suddhi	I
29	பரங்கிப்பட்டை சுத்தி / Parankipattai Suddhi	I
30	பெருங்காயம் சுத்தி / Perunkayam Suddhi	I
31	மயில் துத்தம் சுத்தி - முறை I / Mayilthutham Suddhi I	I
32	மயில் துத்தம் சுத்தி - முறை II / Mayilthutham Suddhi II	I
33	மயில் துத்தம் சுத்தி - முறை III / Mayilthutham Suddhi III	I
34	மனோ சிலை சுத்தி / Manosilai Suddhi	I
35	முத்துச்சிப்பி சுத்தி / Muthuchippi Suddhi	I
36	மெழுகு சுத்தி / Mezhugu Suddhi	I
37	வசம்பு சுத்தி / Vasambu Suddhi	I
38	வெங்காரம் சுத்தி / Venkaram Suddhi	I
39	வெடியுப்பு சுத்தி / Vediuppu Suddhi	I
40	வெள்வங்கம் சுத்தி / Velvangam Suddhi	I

INORGANIC CHEMICAL ANALYSIS		
S.NO	NAME OF THE PRACTICAL	FORMAT REFERENCE
1	Determination of presence of ALUMINIUM in the given sample	II
2	Determination of presence of CALCIUM in the given sample	II
3	Determination of presence of CHLORIDES in the given sample	II
4	Determination of presence of CARBONATES AND BICARBONATES in the given sample	II
5	Determination of presence of COPPER in the given sample	II
6	Determination of presence of IRON in the given sample	II
7	Determination of presence of MAGNESIUM in the given sample	II
8	Determination of presence of MERCURY in the given sample	II
9	Determination of presence of POTASSIUM in the given sample	II
10	Determination of presence of SODIUM in the given sample	II
11	Determination of presence of SULPHATES in the given sample	II

PHYTOCHEMICAL ANALYSIS		
S.NO	NAME OF THE PRACTICAL	FORMAT REFERENCE
12	Determination of presence of ACIDS in the given sample	II
13	Determination of presence of ALKALOIDS in the given sample	II
14	Determination of presence of AMINO ACIDS in the given sample	II
15	Determination of presence of CARBOHYDRATES in the given sample	II
16	Determination of presence of PROTEINS in the given sample	II
17	Determination of presence of FATS AND OILS in the given sample	II
18	Determination of presence of FLAVONOIDS in the given sample	II
19	Determination of presence of GLYCOSIDES in the given sample	II
20	Determination of presence of LIGNANS in the given sample	II
21	Determination of presence of PHENOLS in the given sample	II
22	Determination of presence of RESINS in the given sample	II
23	Determination of presence of SAPONIN in the given sample	II
24	Determination of presence of STEROIDS in the given sample	II
25	Determination of presence of TANNINS in the given sample	II
26	Determination of presence of TERPENOIDS in the given sample	II
27	Determination of presence of QUINONES in the given sample	II

RAW DRUGS

S..No	Name of the Raw drugs	Format reference
1	Akkarakaram- Anacylus pyrethrum,	III
2	Athimathuram-Glycyrrhiza glabra	III
3	Athividayam-Aconitum heterophyllum,	III
4	Amukkurakkizhangu - Withania somnifera	III
5	Arathai-Alpinia galangal	III
6	Alisivithai-Linum usitatissimum	III
7	Akasakarudan kilangu- Corallocarpus epigeous	III
8	Amanakku- Ricinus communis	III
9	Aavarai-Cassia auriculata	III
10	Aalivirai-Lepidium sativum	III
11	Isappukoalvithai-Plantago ovata	III
12	Lavangam-Syzygium aromaticum	III
13	Lavangappattai-Cinnamomum verum	III
14	Lavangapathiri-Cinnamomum tamala	III
15	Etti-Strychnosnux-vomica	III
16	Elam-Elettaria cardamomum	III
17	Omam-Carum copticum	III
18	Kurosani omam-Hyoscyamus niger	III
19	Kadukkai-Terminalia chebula	III
20	KadukkaiThol-Terminalia chebula	III
21	Kadukkai Poo-Terminalia chebula	III
22	KadukkaiPinju-Terminalia chebula	III
23	Kadugarohini-Picrorhizascrophularifolia	III
24	Kandangkattari-Solanum surattense	III
25	Kanduparangi-Clerodendron serratum	III
26	KappuManjal-Curcuma longa	III
27	Kasthurimanjal-Curcuma aromatic	III
28	Kariabolam-Aloe littoralis	III
29	KariManjal-Curcuma longa	III
30	Karunsirakam-Nigella sativa	III

31	Kalapai kizhangu-Gloriosa superba	III
32	Kalarchi - Caesalpinia bonduc	III
33	KattattiPoo-Woodfordia fruticose	III
34	Kattusirakam-Veronia anthelmintica	III
35	Karpokarisi-Psoralea corylifolia	III
36	Kitchilikizhangu-Curcuma zedoaria	III
37	Kungiliam-Shorea robusta	III
38	Kungumappoo-Crocus sativus	III
39	Kunthrikkam-Boswellia serrata	III
40	Kuruver-Vetiveria zizanoides	III
41	Kuntri-Abrus precatorius	III
42	Koovaikizhangu-Maranta aurantinaceae	III
43	Kodiveli-Plumbago zeylanica	III
44	Koththumalli-Coriandrum sativum	III
45	Kottai karanthai	III
46	Kottam-Costus speciosus	III
47	Korai-Cyperus rotundus	III
48	Jadamanji-Nardostachys grandiflora	III
49	Shenbagam -Michelia champaca	III
50	Chathakuppai-Anethum graveolens	III
51	Chandanam-Santalum album	III
52	Sarakondrai-Cassia fistula	III
53	Jadhikai-Myristica fragrans	III
54	Chathipaththiri-Myristica fragrans	III
55	Shambrani-Styrax benzoin	III
56	Sivathai-Operculina turpethum	III
57	Chirunagapu-Mesua nagassarium	III
58	Chitramutti-Pavonia zeylanica	III
59	Cheekai-Acasias inuata	III
60	Seenthil-Tinospora cordifolia	III
61	Chukku-Zingiber officinale	III
62	Chundai-Solanum torvum	III

63	Sevviyam-Piper longum	III
64	Cherankottai-Semecarpus anacardium	III
65	Thannirvittankizhangu-Asparagus racemosus	III
66	Thalisa-paththiri-Abies spectabilis	III
67	Thantri-Terminalia bellerica	III
68	Thippili-Piper longum	III
69	Thippliver-Piper longum	III
70	Thettran-Strychnos potatorum	III
71	Nannari-Hemidesmus indicus	III
72	Nabi-Aconitum napellus	III
73	Naval-Syzygium cumini	III
74	Nilavembu-Andrographis paniculata	III
75	Nilavarai - Cassia senna	III
76	Neeradimuthu-Hydnocarpus laurifolia	III
77	Neermulli - Hygrophila auriculata	III
78	Nerunjil-Tribulus terrestris	III
79	Nelli vatrall -Phyllanthus emblica	III
80	Nervalam-Croton tiglium	III
81	Parangippattai-Smilax china	III
82	Parppatakam-Hedyotiscoryambose	III
83	Palasu-Buteamonosperma	III
84	Poonaikankungliyum-Shorearobusta	III
85	Poonaikali-Mucuna pruriens	III
86	Perunchirakam-Pimpinela anisum	III
87	Manjal-Curcuma longa	III
88	Manathakali-Solanum nigrum	III
89	Maramanjal-Coscinium fenestratum	III
90	Masikkai-Quercusinfectoria	III
91	Masipaththiri-Artemesia nilagirica	III
92	Milagu-Pipernigrum	III
93	Vasambu-Acoruscalamus	III
94	Valampurikkai-Helicteres isora	III

95	Seerakam-cumimum cymimum	III
96	Manathakkali- solanum nigrum	III
97	Nilapanai kizhangu - Curculigo orchids	III
98	Vettiver-vetivera zizanoids	III
99	Nirmuli-Hyrophilia auriculata	III
100	Vettiver-vetivera zizanoids	III
101	Anjanakal- Antimony	III
102	Appiragam - Mica	III
103	Ayam Iron,	III
104	Annabedhi - Green vitriol	III
105	Induppu- Sodium Chloride	III
106	Lingam - Cinnabar	III
107	Kadalnurai,	III
108	Gandhagam -Sulphur	III
109	Kalmatham	III
110	Kalnar - Asbestos	III
111	Kalluppu - Rock Salt	III
112	Kariuppu-Common salt	III
113	Karchunnam - Lime stone	III
114	Karpoorasilasathu - Gypsum	III
115	Kadikkaram - Nitrate of silver	III
116	Kareyam - Lead	III
117	Kavikkal -, Red ochre	III
118	Kanavai odu- Cuttle fish bone	III
119	Kuthiraipal paadanam	III
120	Gomuthra silasathu - Asphaltum	III
121	Gowri -Yellow oxide of arsenic	III
122	Cheenakkaram - Alum	III
123	Thalagam - Yellow Arsenic	III

124	Thambiram – Copper	III
125	Thurusu - Blue vitriol	III
126	Nandukkal - Fossil stone crab	III
127	Navachcharam - Sal ammonia	III
128	Nagam - Zinc	III
129	Saathirabedhi	III
130	Pachai karpooram - Borneo camphor	III
131	Palthutham, - Sulphate of zinc.	III
132	Pidalavanam - Black salt	III
133	Pooneeru - Fuller's earth	III
134	Mandooram - Ferrous Ferric Oxide	III
135	Manosilai- Realger	III
136	Mirudharsingi - Galena Sulphide	III
137	Pooram - Hydragyrum subchloride	III
138	Rasa chendooram - Red Sulphide of mercury	III
139	Rasam- Mercury	III
140	Soodan- Camphor	III
141	Veeram Corrosive sublimate	III
142	Vengaram - Borax	III
143	Vediuppu- Potassium nitrate	III
144	Kilinjal - oyster	III
145	Kulavikoondu- wasp net	III
146	Nathai- Fresh water snail	III
147	Kombaraku-Lacca	III
148	Punuku – civet cat	III
149	Manjal mezhugu –cere wax	III
150	Muthu chippi – pearl oyster shell	III
151	Sangu-Conch shell	III
152	Thean- Honey	III
153	Palagarai-Cowry	III
154	Pavalam,Kodipacvalam-Coral	III
155	Indrakopa poochi- mutila Occidentalis	III

**INTERPRETATION OF RAW DRUGS WITH SIDDHA PRINCIPLES AND
ITS THERAPEUTIC USES**

S.No	Name of the Practical	Format reference
1	Identify the given plant/raw drugs based on its predominant bootham in its Suvai, Thanmai,Pirivu and interpret its influence on Mukkutram	IV
2	Describe the seikaikal of the drug and interprets with its General properties/Medicinal uses	IV
3	Identify the important phytochemical and interprets with its Medicinal uses in the given plant/raw drug	IV
4	List out formulations prepared using above said drugs	IV

FORMAT REFERENCE – I Left side content

Name of the Practicals
தேவையான சரக்குகளும் அளவும்/Required Raw materials with measurement
தேர்வு /Observation and result
Final weight of purified Raw drugs -----

FORMAT REFERENCE I -Right side content

Ex.no :	Name of the practical
Date : dd/mm/yyyy	
முறை/ Method of practical	
தேவையான சரக்குகள்/ Required Raw materials	
தேவையான கருவிகள்/Required equipment's	
செய்முறை/Procedure	
பயன்/uses	
ஆதாரம் மற்றும் பக்க எண் / Reference Book with page no	

FORMAT REFERENCE – II – Left side(Diagram)

FORMAT REFERENCE – II – Right side content

x.no : Name of the Analysis

Date : dd/mm/yyyy

Aim

Materials required

Chemicals Required

Procedure

Observation

Inference

FORMAT REFERENCE - III

S.No	Raw drug identification – Plants -100 nos	
1	Identified Raw Drug/ Botanical Name	Image
2	Parts Used	
3	Actions(Seikaikal)	
5	Therapeutic uses	

S.No	Raw drug identification – Metals/Minerals – 44nos	
1	Identified Raw Drug Chemical Name/ English Name	Image
2	Actions	
3	Therapeutic uses	
4	Name of the formulation pertaining to the raw drug	

S.No	Raw drug identification – Jeevam - 11nos	
1	Identified Raw Drug/ Zoological Name	Image
2	Actions	
3	Therapeutic uses	
4	Name of the formulation pertaining to the raw drug	

FORMAT REFERENCE - IV

1. Identify the given plant/raw drugs based on its predominant bootham in its Suvai, Thanmai, Pirivu and interpret its influence on Mukkutram

Suvai/Taste

Tanmai/Potency

Pirivu(Post Digestive effect)

Interpretation:

2. Describe the seikaikal of the drug and interprets with its General properties/Medicinal uses

Actions(Seikkaikal):

Interpretation:

3. Identify the important phytochemical and interprets with its Medicinal uses in the given plant/raw drug

Phytochemicals:

Medicinal uses:

Interpretation:

4. List out formulations prepared using above said drugs

Name of the important formulation: